APRIL AFFIRMATIONS

| S | M | T | V | T | F | S |
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| | | | | | "IF I REAP WHAT I SOW, THIS MONTH I SOW" | "I CELEBRATE MY GROWTH, BIG AND SMALL" |
| "MY SETBACKS WON'T DETERMINE MY DESTINATION" | "I AM GRATEFUL FOR MY WILLINGNESS" | "I HONOR MY EXPERIENCES, BOTH HARD AND EASY" | "MY HARD WORK IS PAYING OFF" | "I SOW EVEN WHEN I REST" | "I AM EXCITED BY NEW POSSIBILITIES" | "I SEE THE POTENTIAL IN THIS NEW DAY" |
| 10 "I MEET MYSELF WHERE MY FEET ARE" | 11 "I AM WORTHY OF ALL I AM GROWING" | "SMALL STEPS LEAD TO BIG CHANGE" | 13 "I OPEN MYSELF TO NEW PERSPECTIVES" | "I NOTICE MY HIGHS, AS MUCH AS MY LOWS" | "A REMINDER: I FIND JOY IN THE PROCESS" | 16 "I AM PROUD OF HOW FAR I'VE COME" |
| 17 "I HAVE TIME LEFT TO SOW" | 18 "I AM PROUD OF MYSELF" | 19 "I AM RIGHT WHERE I'M MEANT TO BE" | 20 "I CAN START MY DAY OVER AT ANY TIME" | 21 "I AM WORTHY OF CALM" | 22 "I TAKE UP THE SPACE I DESERVE" | 23 "I WELCOME AND EMBRACE CHANGE" |
| 24 "I AM JOYFULLY CREATING MY OWN FUTURE" | 25 "I TRUST MY HARD WORK WILL PAY OFF" | 26 "I MAKE PROMISES TO MYSELF THAT I WILL KEEP" | 27 "I AM JOY" | 28 "I NOTICE THE BEAUTY OF TODAY" | "I EMBRACE THE PROMISE OF TOMORROW" | 30 "I AM READY FOR WHAT COMES NEXT" |